

NEWTON-WELLESLEY SURGEONS, INC.

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IN OFFICE VNUS CLOSURE PROCEDURE

- You must refrain from taking Aspirin products (Motrin, Ibuprofen, Aleve) one week prior to your procedure.
- **Arrive one half hour** before your designated appointment time.
- You cannot drive yourself home after the procedure (including no taxi).
- Eat a light breakfast the morning of your procedure (toast, coffee, tea)
- Prescriptions are enclosed. Please **fill** these prescriptions and bring them with you. You will be asked to take them on arrival to the office.
- You may resume normal activities the same day. You may start walking immediately. Intense walking may resume one week post-op.
- You will need a post-operative appointment with Dr. Sentissi in three weeks.
- Remove the ace wrap in 48 hours. You may shower 24 hours after the procedure, but place a plastic wrap around the ace bandage. The steri-strips will remain in place for approximately 10 days.
- Bruising and tenderness are to be expected and will usually resolve in two weeks. You may feel numbness and pulling for 3-5 days post procedure which can last for several months.
- If you notice significant redness, swelling and pain, please call us immediately.
- Followup ultrasound will be booked approximately one week post procedure.
- If you have any questions, please call our nurse, Brenda Kennedy in the office.
- Please confirm your appointment 48 hours in advance.

IT IS YOUR RESPONSIBILITY TO NOTIFY US OF ANY CHANGES IN YOUR INSURANCE OR YOU WILL BE FINANCIALLY RESPONSIBLE FOR THIS ELECTIVE PROCEDURE.